

# URBAN WALKING FESTIVAL



Te hā o te ora

An audio guided walk in both te reo Māori and English narrated Davika Wilson (Ngai Tai, Ngati Pourou)

Stream the audio from:  
[urbanwalking.nz/2022-festival/teha/](http://urbanwalking.nz/2022-festival/teha/)  
best listened to with headphones



Push play on the audio and start your walk on Pearn Crescent in Northcote outside the Northcote Development Info Centre. Make your way to Takapuna via Akoranga and Lake Pupuke finishing at the Takapuna Beach Holiday Park.

These are a suggested routes. We encourage to you make route adjustments as you walk. The Te Awataha Greenway will open at the end of 2022. The optional route around Tuff Crater has stairs and uneven surfaces.

At the end of the walk draw your reflections on the sand, and share them to #urbanwalkingfestival